



REFERRAL FOR METABOLIC ASSESSMENT

Patient: _____ DOB: _____

Address: _____

Phone: _____ Medicare #: _____

Which investigations are required?

All assessments are bulk billed unless otherwise stated.

_____ **Resting Metabolic Rate**

(Indirect calorimetry test to assess baseline energy expenditure)

_____ **Body Composition**

(CT Scan for assessment of visceral & subcutaneous fat)

_____ **Cardiovascular & Fitness Assessment**

(Exercise Stress Test and/or Ankle Brachial Index)

These are assessment services only. Fees apply for a full endocrine consult with Dr David Carey.

Comments:

REFERRING DR DETAILS:

Signature: _____ **Date:** _____

FAX / EMAIL REFERRAL TO: HEALTH+ DIABETES CENTRE

Fax: 3053 8124 Email: mail@drcarey.com.au

Endocrinologist: Dr David Carey 058365KX
Dietitian: Suzanna Greenwood 5106992J
Exercise Phys: Steve Nichols 4510842Y